**Impact Measurement Guide to scaling**

Below is a guide to help you identify what score you / the family should provide for each of the domains considered in the assessment and plan.

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| **Health: General children and family health including any outstanding health needs of the parent or child, child development and parent/carer ability to meet these needs** | |
| **Score between 9 and 10 if for example:** | **Score between 6 – 8 if for example:** |
| * You are working with universal services (GP, school, health visitor etc) for both your children and yourself * You attend appointments at the dentist and doctor and immunisations are up-to-date * Your child is doing the things that they are expected to do at their age * You are giving your baby the best start in life and/or teaching older children to take care of their health, including sexual health * Your child has a disability which requires no extra support * Your child is physically healthy * You provide for your child’s physical needs – food, drink, appropriate clothing, medical, dental care | * Your child is taking longer to achieve some of their developmental milestones * Your child is missing some immunisations * You don’t always attend medical appointments * Your child has a disability which requires some support * There are worries about hygiene, diet and/or general physical health for child or parent * You require some advice on parenting issues * Professionals are starting to have concerns around your child’s physical needs being met – food, drink, appropriate clothing, medical and dental care |

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| **Score between 3 – 5 if for example:** | **Score between 1 – 2 if for example:** |
| * Your child is not reaching / unlikely to meet developmental milestones (doing the things they are expected to do at their age) * You are not registered with a GP/Dentist * Your child is missing most immunisations (not an informed choice) * Your children are consistently missing medical appointments and health advice is not followed which is significantly affecting their health * There are ongoing worries about hygiene, weight and self-care * You are experiencing things in your life which are affecting you being able to meet your child’s physical needs – food, drink, appropriate clothing, medical and dental care * You are not working with/listening to some health services and this is affecting your child’s health and development * Your child has a disability which requires significant support * You are struggling with parenting and regularly need support and advice | * Your child is not meeting the majority of their development milestones (doing the things they are expected to do at their age) * Your child’s unmet health needs cause them to be at risk of serious harm * Your child has not had any immunisation’s (not an informed choice) * You miss or cancel health appointments which is likely to cause serious harm to your child * Your own needs are significantly affecting your child’s health and development * You are not complying with treatment / medical plans and/or not seeking medical help/advice when needed * Your child has complicated needs relating to a disability which requires you to work with lots of services * You are unable to provide parenting that keeps your child safe |

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| **Education: Nursery, school, college, training, support at home, parent/carer ability to meet these needs and engagement with education settings** | |
| **Score between 9 and 10 if for example:** | **Score between 6 – 8 if for example:** |
| * Your child is attending school / nursery / college and there are no issues with attendance or lateness * Your child is on-track to achieve age-appropriate educational potential * You have a good relationship with the school * You take an interest in your child’s education * You support and encourage your children’s learning * Your child has a SEND and is reaching their potential (what they are expected or have the ability to achieve * Your child is engaged in education, employment or training post-16 | * Your child is beginning to have poor attendance and / or is often late * Your child is not making expected progress and / or there is an unexplained change in progress * Your relationship with school/nursery could be improved * Your child has limited access to books / toys which help their learning * Your child is at risk of not accessing education, training or employment post 16 years |
| **Score between 3 – 5 if for example:** | **Score between 1 – 2 if for example:** |
| * Your child is regularly absent from school/nursery/college or at risk of exclusion * Your child has had some fixed term exclusions * Your child is significantly underachieving educational potential for their age (with or without an underlying SEND) which means they are not achieving what they are expected to or have the ability to do * You have a poor relationship with the school * You have received support but are still struggling to support your child in terms of attendance, behaviour and progress * Your child is not accessing education, employment or training post 16 with limited or no qualifications | * Your child is permanently excluded from school and / or at risk of permanent exclusion * Despite previous support your child is still persistently non- attending school * Your child refuses to access education, training or employment and has limited qualifications * You show no interest in your child’s education and lack awareness of your responsibilities * Any learning needs addressed through additional school support or Single EHC plan. |
| **Child’s Emotional Development and Families Wellbeing: parent/carer ability to meet and support their child’s emotional well-being despite any difficulties they are experiencing i.e. mental health** | |
| **Score between 9 and 10 if for example:** | **Score between 6 – 8 if for example:** |
| * Your child has high self-esteem/confidence e.g they are confident in social situations and able to express themselves and their needs effectively * There are no concerns around self-harm, anxiety or depression * Mental health issues are being managed and there is no adverse effect on the child * You have a good bond / attachment with your child and enjoy spending time with them * You feel that you give your children enough attention and encouragement * You are able to support your child with any difficulties they have so that they are able to cope with events as they happen * There are no issues with substance misuse (child / parent) * Your child has not suffered recent loss, bereavement or trauma | * Your child has low-self-esteem and struggle to express themselves and their needs effectively * Your child has suffered from loss, bereavement or trauma but feels well supported by services or family * Your child finds it difficult to cope with stressful situations * There are low level concerns around self-harm, anxiety or depression for your child * You are worried that your child is starting to explore alcohol / drugs * If you have mental health issues this can sometimes affect your parenting * You can sometimes find it difficult to consistently give your child the attention, positive feedback or encouragement that they need * You feel you are mostly able to support your child with any difficulties they have so that they feel able to cope and deal with change * Alcohol or drug use is starting to become a worry |

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| **Score between 3 – 5 if for example:** | **Score between 1 – 2 if for example:** |
| * Your child’s low self-esteem has caused them to become isolated and they are unable to express themselves or their needs effectively * You are feeling anxious, depressed, hopeless or have a mental health problem that is not being treated appropriately which is affecting your ability to parent * Your child is self-harming, suffering from anxiety or depression and requires support from a specialist service * You struggle to provide consistent parenting (this means that your child knows what to expect from you), despite support and are often critical of your child and/or find it hard to show them any warmth / affection * You often struggle to support your child with any difficulties they have and when things go wrong for them * You struggle to provide for your child’s basic needs as a result of your own substance use | * There are serious concerns around your child’s mental health * Your child is self-harming and /or suffering from anxiety/depression and this is severely impacting on their health, wellbeing and safety * If you have a mental health issue that is significantly affecting your ability to parent * You can often be highly critical of your child and don’t give them enough attention, positive feedback or encouragement * Your own emotional and mental health means that you can’t respond to your child’s needs * Your child is persistently misusing drugs / alcohol and there is a serious risk to their safety * If you are misusing substances and this is significantly affecting your ability to parent and keep your children safe * You don’t recognise the impact of your own issues (substance use / mental health) on your child’s needs |

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| **Parenting capacity - including Social Relationships: Parent/carer ability to provide stability for the child in the home including their ability to set boundaries and guidance to prevent involvement in crime and anti-social behaviour etc including impact of parental mental health, conflict or domestic abuse.** | |
| **Score between 9 and 10 if for example:** | **Score between 6 – 8 if for example:** |
| * You manage your child’s behaviour well * Positive role models are present in the child’s life * You feel well supported by friends and/or family * You are safe, your children are safe, you are not experiencing domestic abuse * Your child develops appropriate, positive relationships with peers and can receive support from family members * Your children know about safety issues appropriate to their age (bullying, crime, drugs, internet risks, sexual health etc.) * You are not effected by crime or anti-social behaviour (ASB) or if you or your child have been involved in crime or ASB you can deal with this effectively * You can identify risks and are able to protect your child from harm | * You are struggling to manage your child’s behaviour * You have some support from family and friends * There has been a sudden change in your child’s behaviour and / or use of inappropriate/sexualised language (this means that it is not what we would expect to see from a child of that age) * There is a lack of positive role models (people who have a positive influence) in your child’s life * Your child struggles to maintain positive relationships * There has been some exposure to domestic abuse * Parental stresses are starting to affect your ability to keep your child safe * Your child is beginning to have an involvement in ASB / is at risk of influence from a specific group (gang) involved in criminal activity * Your child has a lack of awareness around risk and personal safety * Your child has caring responsibilities which is affecting their school attendance / achievements * You can have difficulty identifying risks and protecting your child from harm |

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| **Score between 3 – 5 if for example:** | **Score between 1 – 2 if for example:** |
| * You are regularly unable to manager/control your child’s behaviour * There are no positive role (people who have a positive influence) models in your child’s life * You have limited support from appropriate family and friends * Your child is unable to develop positive relationships with family * / peers and is becoming isolated * There has been domestic abuse or you are currently experiencing domestic abuse * Your children have close friends who often find themselves in risky situations * Your child is associating with offenders, gangs and / or is exposed to criminal behaviour * Family members are involved /potentially involved in ASB/Crime * The people you and your family are mixing with have a negative influence (e.g. as a result of their substance use, involvement in criminal activity or inappropriate behaviour) * Your child is a young carer for a family member and these responsibilities are impacting on their school attendance, achievement, health and social interactions * You struggle to supervise your child and to keep your child safe despite previous support | * You have no control of your child’s behaviour * There are no friends or family to offer support * Your child has no positive relationships with peers and / or adults and is isolated as a result * There is in an increased involvement in criminal /gang related activities * There are recent/current incidents of domestic abuse * Your own mental health and / or substance use presents a serious risk of harm to your child and you cannot keep them safe * Your child has inappropriate caring responsibilities that are seriously impacting on their school attendance, achievements, health and social interaction * Your child is at risk of serious harm due to a lack of parenting and supervision |

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| **Environmental Factors: Housing, Finances and Employment including home conditions and access to local community services** | |
| **Score between 9 and 10 if for example:** | **Score between 6 – 8 if for example:** |
| * Your home is adequate and meets your needs and there are no threats of eviction / rent arrears * You are managing money well and not affected by debt * You are getting the benefits you are entitled to * You and / or your partner are in employment or training or undertaking voluntary work * If you are not in work you and / or your partner are trying to find a job or develop the skills needed to achieve this * You are reasonably settled where you live and can access transport and services | * Your home is adequate for your needs but there are outstanding repairs * You have some worries about managing your tenancy due to ASB, rent arrears, property conditions * You have money worries due to low/ irregular income or debt * You are struggling to access employment due to a range of barriers such as a lack of basic skills or other long-term difficulties * You are not actively engaged with education, training or back to work programmes but would like help to find out how you can do this |
| **Score between 3 – 5 if for example:** | **Score between 1 – 2 if for example:** |
| * Your home is in a poor state of repair, is overcrowded or temporary * You have received an eviction notice and / or you have large rent arrears which is putting your family at risk of eviction * Serious debts / very low income is impacting on your ability to care for your child * You need help with budgeting skills to ensure you can meet the needs of your child * You are reliant on food banks and other charitable donations regularly | * You are homeless and / or live in a hostel * Your property is in a significant state of disrepair and is unfit to live in / places your child in danger * You are facing imminent eviction * You and / or your partner have serious barriers to accessing employment – criminal record, poor literacy / numeracy skills, substance use, disabilities, mental health, and / or you have never worked * Lack of income/debt is significantly affecting your ability to provide for your child’s basic needs * You have no access to public funds and / or others means of support and are not in receipt of benefits |

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| **Presentation : Self-care skills, family personal hygiene, appropriate and clean clothing, parent/carer ability to meet these needs** | |
| **Score between 9 and 10 if for example:** | **Score between 6 – 8 if for example:** |
| * Your child is able to care for themselves (age appropriate) in relation to feeding, dressing and independent living * Family and child personal hygiene is good * There has been no change in your child’s friendship group and your child is engaged in healthy relationships with their peers * Your child’s clothing is clean and appropriate (e.g uniform is clean and weather appropriate outfits are worn) | * Your child’s or families personal hygiene is poor and is starting to become a problem * There are some low level concerns about your child’s sexual health/attitude to sex * Your child is slow to develop age appropriate self-care skills in relation to feeding, dressing and independent living * Your child sometimes finds themselves in risky situations * There is some evidence of your child using drugs / alcohol * Your concerns for your child relate to ’normal’ teenage behaviour |
| **Score between 3 – 5 if for example:** | **Score between 1 – 2 if for example:** |
| * Despite support from services your child’s/families hygiene is poor * Sexual behaviour is age inappropriate or unusual for child / young person * Your child is associating with peers who are at risk of Child Exploitation * There are concerns about the child’s uniform or clothing not being appropriate * Parents are not actively encouraging hygiene routines | * You are worried that your child is dressing / behaving differently/inappropriately * They are pre-occupied with the internet and/or they are neglecting themselves due to other priorities such as drugs or alcohol * Despite support and advice your child/family is suffering persistent and severe personal hygiene issues * Your child’s sexual behaviour is potentially harmful to them * e.g. sexually active with many partners, being coerced into sexual activity * No hygiene products are being made available in the family home |